

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

AUGUST 2026

Meyer Senior & Community Center – Senior Services

CLOSED

1

2

9-10 a.m.- Foreversize
9 a.m.-12 p.m.- 42 Dominoes
10-11 a.m.- Sit & Fit
1-4 p.m.- Open Game Time

3

10 a.m.-12:45 p.m.- Rummikub
12:30-3 p.m.- Jam Session Group
1-1:45 p.m.- Nia Moving to Heal
1-4 p.m.- Hand & Foot Canasta

4

9 a.m.-12 p.m.- Bridge
9-11 a.m.- Sit & Fit
10-11 a.m.- Intermediate Line Dancing with Teri
1-4 p.m.- Mah Jongg
1-4 p.m.- Learn to Play Texas Hold'em Poker
2-3 p.m.- Intermediate Tai Chi
3:30-4:30 p.m.- Beginner Tai Chi

5

9-10 a.m.- Foreversize
9 a.m.-12 p.m.- Learn to Play 42
10-11 a.m.- Sit & Fit
1-4 p.m.- Learn How To Play Mah Jongg
2-4 p.m.- Open Art Time

6

9 a.m.-12 p.m.- Bridge
9 a.m.-12 p.m.- Shanghai Rummy
10:30 a.m.-1:30 p.m.- Jam Session Group
12-1 p.m.- BINGO sponsored by AccentCare Hospice
1-4 p.m.- Open Game Time

7

1-4 p.m.- Saturday Senior Hangout

Enjoy an afternoon with friends while playing games, cards, corn hole, ping pong, watching sports, enjoying refreshments, swapping books, etc.

8

9

9-10 a.m.- Foreversize
9 a.m.-12 p.m.- 42 Dominoes
10-11 a.m.- Sit & Fit
1-4 p.m.- Open Game Time

10

10-11 a.m.- Meyer Book Club: "Murder in an Irish Village" by Carlene O'Connor - Meyer Center
10 a.m.-12:45 p.m.- Rummikub
12:30-3 p.m.- Jam Session Group
1-1:45 p.m.- Nia Moving to Heal
1-4 p.m.- Hand & Foot Canasta

11

9 a.m.-12 p.m.- Bridge
9-11 a.m.- Sit & Fit
10-11 a.m.- Intermediate Line Dancing with Teri
1-4 p.m.- Mah Jongg
1-4 p.m.- Learn to Play Texas Hold'em Poker
2-3 p.m.- Intermediate Tai Chi
3:30-4:30 p.m.- Beginner Tai Chi

12

9-10 a.m.- Foreversize
9 a.m.-12 p.m.- Learn to Play 42
10-11 a.m.- Sit & Fit
10-12 p.m.- Basic Jewelry Making
1-4 p.m.- Learn How To Play Mah Jongg
2-4 p.m.- Open Art Time

13

9 a.m.-12 p.m.- Bridge
9 a.m.-12 p.m.- Shanghai Rummy
10:30 a.m.-1:30 p.m.- Jam Session Group
12-1 p.m.- BINGO
1-4 p.m.- Open Game Time

14

1-4 p.m.- Saturday Senior Hangout

Enjoy an afternoon with friends while playing games, cards, corn hole, ping pong, watching sports, enjoying refreshments, swapping books, etc.

15

16

9-10 a.m.- Foreversize
9 a.m.-12 p.m.- 42 Dominoes
10-11 a.m.- Sit & Fit
1-4 p.m.- Open Game Time

17

10 a.m.-12:45 p.m.- Rummikub
12:30-3 p.m.- Jam Session Group
1-1:45 p.m.- Nia Moving to Heal
1-4 p.m.- Hand & Foot Canasta

18

9 a.m.-12 p.m.- Bridge
10-11 a.m.- Intermediate Line Dancing with Teri
9-11 a.m.- Sit & Fit
11:30 a.m.-1 p.m.- Aggieland Through Time: Mapping the Campus Past - Larry J. Ringer Library
1-4 p.m.- Mah Jongg
1-4 p.m.- Learn to Play Texas Hold'em Poker
2-3 p.m.- Intermediate Tai Chi
3:30-4:30 p.m.- Beginner Tai Chi

19

9-10 a.m.- Foreversize
9 a.m.-12 p.m.- Learn to Play 42
10-11 a.m.- Sit & Fit
1-4 p.m.- Learn How To Play Mah Jongg
2-4 p.m.- Open Art Time

20

9 a.m.-12 p.m.- Bridge
9 a.m.-12 p.m.- Shanghai Rummy
10 a.m.-12:30 p.m.- National Senior Citizen Day: Bingo Bash at the Lincoln Recreation Center
NO BINGO at Meyer Center
1-4 p.m.- Open Game Time

21

1-4 p.m.- Saturday Senior Hangout

Enjoy an afternoon with friends while playing games, cards, corn hole, ping pong, watching sports, enjoying refreshments, swapping books, etc.

22

23

9-10 a.m.- Foreversize
9 a.m.-12 p.m.- 42 Dominoes
10-11 a.m.- Sit & Fit
1-4 p.m.- Open Game Time

24

10 a.m.-12:45 p.m.- Rummikub
12-1:30 p.m.- Pizza & Potluck Social
12:30-3 p.m.- Jam Session Group
1-1:45 p.m.- Nia Moving to Heal
1-4 p.m.- Hand & Foot Canasta
2-3:30 p.m.- Wearable Arts: "Sashiko Stitching"

25

9 a.m.-12 p.m.- Bridge
10-11 a.m.- Intermediate Line Dancing with Teri
9-11 a.m.- Sit & Fit
1-4 p.m.- Mah Jongg
1-4 p.m.- Learn to Play Texas Hold'em Poker
2-3 p.m.- Intermediate Tai Chi
3:30-4:30 p.m.- Beginner Tai Chi

26

9-10 a.m.- Foreversize
9 a.m.-12 p.m.- Learn to Play 42
10-11 a.m.- Sit & Fit
1-4 p.m.- Learn How To Play Mah Jongg
2-4 p.m.- Open Art Time
5-7 p.m.- BUNCO Party at Meyer Center

27

9 a.m.-12 p.m.- Bridge
9 a.m.-12 p.m.- Shanghai Rummy
10:30 a.m.-1:30 p.m.- Jam Session Group
12-1 p.m.- BINGO
1-4 p.m.- Open Game Time

28

1-4 p.m.- Saturday Senior Hangout

Enjoy an afternoon with friends while playing games, cards, corn hole, ping pong, watching sports, enjoying refreshments, swapping books, etc.

29

30

9-10 a.m.- Foreversize
9 a.m.-12 p.m.- 42 Dominoes
10-11 a.m.- Sit & Fit
1-4 p.m.- Open Game Time

31

- Senior Membership Required

- Class Fee

- Free for Ages 55+

- Closure/Holiday/Class Cancellation

AUGUST 2026

Lincoln Recreation Center – Senior Services

AUGUST 2026 Lincoln Recreation Center – Senior Services							1					
2	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 9:15 a.m.-1 p.m.- Scrapbook 101 11 a.m.-12:30 p.m.- Hot Lunch	3	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 10-11 a.m.- Foreversize 11 a.m.-12 p.m.- Mind & Body Boosters 11 a.m.-12:30 p.m.- Hot Lunch	4	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 9:15-11 a.m.- Arts and Crafts 11 a.m.-12 p.m.- BINGO sponsored by Right at Home 11 a.m.-12:30 p.m.- Hot Lunch	5	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 10-11 a.m.- Zumba Gold 11 a.m.-12 p.m.- Mind & Body Boosters 11 a.m.-12:30 p.m.- Hot Lunch	6	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 10-11 a.m.- Zumba Gold 11 a.m.-12 p.m.- Mind & Body Boosters 11 a.m.-12:30 p.m.- Hot Lunch	7	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 11 a.m.-12:30 p.m.- Hot Lunch	8
9	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 9:15 a.m.-1 p.m.- Scrapbook 101 11 a.m.-12:30 p.m.- Hot Lunch	10	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 10-11 a.m.- Foreversize 10-11 a.m.- Meyer Book Club: "Murder in an Irish Village" by Carlene O'Connor - Meyer Center 11 a.m.-12 p.m.- Mind & Body Boosters with Brazos Valley Food Bank 11 a.m.-12:30 p.m.- Hot Lunch	11	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 9:15-11 a.m.- Arts and Crafts 11 a.m.-12 p.m.- BINGO sponsored by Visiting Angels 11 a.m.-12:30 p.m.- Hot Lunch	12	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 10-11 a.m.- Zumba Gold 11 a.m.-12 p.m.- Mind & Body Boosters with Allumine Health 11 a.m.-12:30 p.m.- Hot Lunch	13	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 10-11 a.m.- Zumba Gold 11 a.m.-12 p.m.- Mind & Body Boosters 11 a.m.-12:30 p.m.- Hot Lunch	14	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 11 a.m.-12:30 p.m.- Hot Lunch	15
16	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 9:15 a.m.-1 p.m.- Scrapbook 101 11 a.m.-12:30 p.m.- Hot Lunch	17	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games No Foreversize 11 a.m.-12 p.m.- Mind & Body Boosters 11 a.m.-12:30 p.m.- Hot Lunch	18	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 9:15-11 a.m.- Arts and Crafts 11 a.m.-12 p.m.- BINGO 11 a.m.-12:30 p.m.- Hot Lunch 11:30 a.m.-1 p.m.- Aggieland Through Time: Mapping the Campus Past - Larry J. Ringer Library	19	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 10-11 a.m.- Zumba Gold 11 a.m.-12 p.m.- Mind & Body Boosters 11 a.m.-12:30 p.m.- Hot Lunch	20	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 10-11 a.m.- Zumba Gold 11 a.m.-12 p.m.- Mind & Body Boosters 11 a.m.-12:30 p.m.- Hot Lunch	21	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 11 a.m.-12:30 p.m.- Hot Lunch 10 a.m.-12:30 p.m.- National Senior Citizen Day: Bingo Bash at the Lincoln Recreation Center	22
23	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 9:15 a.m.-1 p.m.- Scrapbook 101 11 a.m.-12:30 p.m.- Hot Lunch	24	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 10-11 a.m.- Foreversize 11 a.m.-12 p.m.- Mind & Body Boosters 11 a.m.-12:30 p.m.- Hot Lunch	25	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 9:15-11 a.m.- Arts and Crafts 11 a.m.-12 p.m.- BINGO sponsored by Sodalis Senior Living 11 a.m.-12:30 p.m.- Hot Lunch	26	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 10-11 a.m.- Zumba Gold 11 a.m.-12 p.m.- Mind & Body Boosters 11 a.m.-12:30 p.m.- Hot Lunch 5-7 p.m.- BUNCO Party at Meyer Center	27	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 10-11 a.m.- Zumba Gold 11 a.m.-12 p.m.- Mind & Body Boosters 11 a.m.-12:30 p.m.- Hot Lunch	28	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 10 a.m.-12 p.m.- Birthday Party Potluck 11 a.m.-12:30 p.m.- Hot Lunch	29
30	9-10 a.m.- Coffee and Chat 9 a.m.-1 p.m.- Fitness Center 9 a.m.-1 p.m.- Table Games 9:15 a.m.-1 p.m.- Scrapbook 101 11 a.m.-12:30 p.m.- Hot Lunch	31	- Senior Membership Required - Class Fee - Free for Ages 55+ - Closure/Holiday/Class Cancellation									

AUGUST 2026

Southwood Community Center – Senior Services

							1
2	3 9-10 a.m.- Beginning Line Dance 10-11 a.m.- Advanced Beginner Line Dance 1-2:30 p.m.- Foreversize 3:30-4:10 p.m.- Fit Self-Defense	4 9-10 a.m.- Intermediate Line Dancing II 1-2 p.m.- Computer & Tech Class	5 7:30-8:30 a.m.- Beginner Yoga 9-10 a.m.- Beginning Line Dance 10-11 a.m.- Advanced Beginner Line Dance 1-2:30 p.m.- Foreversize 3:30-4:10 p.m.- Fit Self-Defense	6 9:30-10:30 a.m.- Heartfulness Meditation 1-2 p.m.- Computer & Tech Class	7 9-10 a.m.- Intermediate Line Dancing II 10:15-11:15 a.m.- Advanced Beginner Line Dancing with Jennifer		8
9	10 9-10 a.m.- Beginning Line Dance 10-11 a.m.- Advanced Beginner Line Dance 1-2:30 p.m.- Foreversize 3:30-4:10 p.m.- Fit Self-Defense	11 9-10 a.m.- Intermediate Line Dancing II 10-11 a.m.- Meyer Book Club: "Murder in an Irish Village" by Carlene O'Connor - Meyer Center 1-2 p.m.- Computer & Tech Class	12 7:30-8:30 a.m.- Beginner Yoga 9-10 a.m.- Beginning Line Dance 10-11 a.m.- Advanced Beginner Line Dance 1-2:30 p.m.- Foreversize 1-4:30 p.m.- Quilting Studio 3:30-4:10 p.m.- Fit Self-Defense	13 9:30-10:30 a.m.- Heartfulness Meditation 1-2 p.m.- Computer & Tech Class	14 9-10 a.m.- Intermediate Line Dancing II 10:15-11:15 a.m.- Advanced Beginner Line Dancing with Jennifer		15
16	17 9-10 a.m.- Beginning Line Dance 10-11 a.m.- Advanced Beginner Line Dance 1-2:30 p.m.- Foreversize 3:30-4:10 p.m.- Fit Self-Defense	18 9-10 a.m.- Intermediate Line Dancing II 1-2 p.m.- Computer & Tech Class	19 7:30-8:30 a.m.- Beginner Yoga 9-10 a.m.- Beginning Line Dance 10-11 a.m.- Advanced Beginner Line Dance 11:30 a.m.-1 p.m.- Aggieland Through Time: Mapping the Campus Past - Larry J. Ringer Library 1-2:30 p.m.- Foreversize 3:30-4:10 p.m.- Fit Self-Defense	20 9:30-10:30 a.m.- Heartfulness Meditation 1-2 p.m.- Computer & Tech Class	21 9-10 a.m.- Intermediate Line Dancing II 10 a.m.-12:30 p.m.- National Senior Citizen Day: Bingo Bash at the Lincoln Recreation Center 10:15-11:15 a.m.- Advanced Beginner Line Dancing with Jennifer		22
23	24 9-10 a.m.- Beginning Line Dance 10-11 a.m.- Advanced Beginner Line Dance 1-2:30 p.m.- Foreversize 3:30-4:10 p.m.- Fit Self-Defense	25 9-10 a.m.- Intermediate Line Dancing II 1-2 p.m.- Computer & Tech Class	26 7:30-8:30 a.m.- Beginner Yoga 9-10 a.m.- Beginning Line Dance 10-11 a.m.- Advanced Beginner Line Dance 1-2:30 p.m.- Foreversize 3:30-4:10 p.m.- Fit Self-Defense	27 9:30-10:30 a.m.- Heartfulness Meditation 1-2 p.m.- Computer & Tech Class 5-7 p.m.- BUNCO Party at Meyer Center	28 9-10 a.m.- Intermediate Line Dancing II 10:30 a.m.-2 p.m.- Line Dancing Party		29
30	31 9-10 a.m.- Beginning Line Dance 10-11 a.m.- Advanced Beginner Line Dance 1-2:30 p.m.- Foreversize 3:30-4:10 p.m.- Fit Self-Defense	- Senior Membership Required - Class Fee - Free for Ages 55+ - Closure/Holiday/Class Cancellation					