



COMEAX RECREATION CENTER

August 2026

SUN	MON	TUES	WED	THURS	FRI	SAT
						1
2	3 FREE PLAY 2-9:00pm WEIGHT ROOM 2-9:00pm KARATE 4:15-8:15pm AEROBICS 5:15-7:00pm	4 FREE PLAY 2-9:00pm WEIGHT ROOM 2-9:00pm KARATE 4:15-8:15pm	5 FREE PLAY 2-9:00pm WEIGHT ROOM 2-9:00pm KARATE 4:15-8:15pm AEROBICS 5:15-7:00pm	6 FREE PLAY 2-9:00pm WEIGHT ROOM 2-9:00pm KARATE 4:15-8:15pm AEROBICS 5:15-7:00pm	7 FREE PLAY 2-9:00pm WEIGHT ROOM 2-9:00pm KARATE 4:15-8:15pm ZUMBA 5:30-6:30pm	8
9	10 FREE PLAY 2-9:00pm WEIGHT ROOM 2-9:00pm KARATE 4:15-8:15pm AEROBICS 5:15-7:00pm ZUMBA 5:30-6:30pm	11 FREE PLAY 2-9:00pm WEIGHT ROOM 2-9:00pm KARATE 4:15-8:15pm	12 FREE PLAY 2-9:00pm WEIGHT ROOM 2-9:00pm KARATE 4:15-8:15pm AEROBICS 5:15-7:00pm	13 FREE PLAY 2-9:00pm WEIGHT ROOM 2-9:00pm KARATE 4:15-8:15pm AEROBICS 5:15-7:00pm	14 FREE PLAY 2-9:00pm WEIGHT ROOM 2-9:00pm KARATE 4:15-8:15pm ZUMBA 5:30-6:30pm	15
16	17 FREE PLAY 2-9:00pm WEIGHT ROOM 2-9:00pm KARATE 4:15-8:15pm AEROBICS 5:15-7:00pm ZUMBA 5:30-6:30pm	18 FREE PLAY 2-9:00pm WEIGHT ROOM 2-9:00pm KARATE 4:15-8:15pm	19 FREE PLAY 2-9:00pm WEIGHT ROOM 2-9:00pm KARATE 4:15-8:15pm AEROBICS 5:15-7:00pm	20 FREE PLAY 2-9:00pm WEIGHT ROOM 2-9:00pm KARATE 4:15-8:15pm AEROBICS 5:15-7:00pm	21 FREE PLAY 2-9:00pm WEIGHT ROOM 2-9:00pm KARATE 4:15-8:15pm ZUMBA 5:30-6:30pm	22
23	24 FREE PLAY 2-4:00pm VOLLEYBALL 4-9:00pm WEIGHT ROOM 2-9:00pm KARATE 4:15-8:15pm AEROBICS 5:15-7:00pm ZUMBA 5:30-6:30pm	25 FREE PLAY 2-4:00pm VOLLEYBALL 4-9:00pm WEIGHT ROOM 2-9:00pm KARATE 4:15-8:15pm	26 FREE PLAY 2-4:00pm VOLLEYBALL 4-9:00pm WEIGHT ROOM 2-9:00pm KARATE 4:15-8:15pm AEROBICS 5:15-7:00pm	27 FREE PLAY 2-4:00pm VOLLEYBALL 4-9:00pm WEIGHT ROOM 2-9:00pm KARATE 4:15-8:15pm AEROBICS 5:15-7:00pm	28 FREE PLAY 2-4:00pm VOLLEYBALL 4-9:00pm WEIGHT ROOM 2-9:00pm KARATE 4:15-8:15pm ZUMBA 5:30-6:30pm	29
30	31 FREE PLAY 2-4:00pm VOLLEYBALL 4-9:00pm WEIGHT ROOM 2-9:00pm KARATE 4:15-8:15pm AEROBICS 5:15-7:00pm ZUMBA 5:30-6:30pm	Center Coordinator: Abby Cole 411 W Bluebird Dr 337-291-8875				