

# November 2026

Lunch is served promptly at 12 noon. If you are not here by 12:05 your meal may be given away.

For reservations, please email or call Tricia by 1:30 p.m. the business day before at PMorgan@louisvilleco.gov or (303) 335-4931. **Suggested donation for 60+: \$4.75 for 59 & under the cost is \$17.50. Menu subject to change.**

Meals prepared in a facility with wheat, nuts & milk. *Allergen information available upon request.*

| Monday                                                                                                                                   | Tuesday                                                                                                                            | Wednesday                                                                                                                                                                                     | Thursday                                                                                                                                           | Friday                                                                                                                       |
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| <b>2</b> Chili Con Carne<br>Shredded Cheese<br>Sour Cream<br>Cornbread<br>Mixed Greens with Balsamic dressing<br>Banana                  | <b>3</b> Beef Cannelloni<br>Tossed Salad with Italian Dressing<br>Pears<br>Garlic Bread                                            | <b>4</b> Crunchy Fish with Tartar Sauce<br>Roasted New Potato<br>Lemon Glazed Carrots<br>Coleslaw<br>Pears                                                                                    | <b>5</b> Tore's Pork & Vegetable Stir-fry with Fried Rice<br>Orange Wedges<br>Fortune Cookie<br>Whole Wheat Rolls                                  | <b>6</b> Pollo con Crema over Rice with a Tortilla<br>Mexican Slaw<br>Whole Orange                                           |
| <b>9</b> Pork Stew with Vegetables & White Beans<br>Spinach Salad with Sunflower Seeds & Balsamic Dressing<br>Grapes<br>Whole Wheat Roll | <b>10</b> Baked Tilapia with Tartar Sauce<br>Brown Rice<br>Tossed Salad with Balsamic Dressing<br>Whole Orange<br>Whole Wheat Roll | <b>11 Oldies Sing Along</b><br>Breaded Chicken Breast<br>Baked Potato with Sour Cream<br>Asparagus<br>Tangerine<br>Sesame Roll                                                                | <b>12 Bingo</b><br>Eggplant Parmesan<br>Marinara Sauce with Sausage on the Side<br>Tossed Salad with Italian Dressing<br>Pineapple<br>Garlic Bread | <b>13 Barbed Wire</b><br>Chicken Pasta Primavera<br>Spinach Salad with Balsamic Dressing<br>Whole Banana<br>Whole Wheat Roll |
| <b>16</b> Fish Slider<br>Tartar Sauce<br>New England Clam Chowder<br>Coleslaw<br>Grapes                                                  | <b>17</b> Oven Fried Chicken<br>Mashed Potatoes with Gravy<br>California Veggies<br>Pineapple<br>Whole Wheat Roll                  | <b>18 Thanksgiving Feast</b><br>Turkey with Stuffing, Mashed Potatoes, Gravy, Vegetables, Cranberries, and a Roll.<br>Vegetarian Option: Meatless Turkey<br>Register online or at Front Desk. | <b>19 Birthday Lunch</b><br>Tore's Meatloaf<br>Mixed Vegetables<br>Baked Potato with Sour Cream<br>Peaches<br>Whole Wheat Roll                     | <b>20</b> Breakfast<br>Casserole with Sausage, Hash Browns, Veggies and Eggs<br>Blueberry Muffin<br>Banana                   |
| <b>23</b> Broccoli & Ham Quiche<br>Spinach Salad with Sunflower Seeds & Balsamic Dressing<br>Baked Apple<br>Whole Wheat Roll             | <b>24 Barbed Wire</b><br>Chicken Enchiladas<br>Spanish Rice<br>Sour Cream & Salsa<br>Mexican Slaw<br>Whole Orange                  | <b>25 CLOSED</b>                                                                                                                                                                              | <b>26 CLOSED</b>                                                                                                                                   | <b>27 CLOSED</b>                                                                                                             |
| <b>30</b> Parmesan Spinach Gnocchi<br>Roasted Cauliflower, Broccoli & Carrots<br>Cutie<br>Garlic Bread                                   | <b>Entrée Salads:</b><br><br>Grilled Chicken, Chef Salad, Veggie Salad w/ hard boiled eggs                                         | <b>Vegetarian Options:</b><br><br>Tofu Stir-fry with mixed Veggies, Brown Rice and an Orange                                                                                                  | <b>Meals on Wheels</b><br>offer an option of home delivery & weekend meals.<br>Please call 303-665-0566                                            |                                                                                                                              |