Month: November 2026

Monday					Tuesday					Wednesday					Thursday					Friday				
2-Nov					**3-Nov**					**4-Nov**					**5-Nov**					**6-Nov**				
	Salads			***Entrée***		***Salads***			***Entrée***		***Salads***			***Entrée***		***Salads***			***Entrée***		***Salads***			***Entrée***
	Chef	**Chick**	**Veg**	**Vegetarian**		**Chef**	**Chick**	**Veg**	**Vegetarian**		**Chef**	**Chick**	**Veg**	**Vegetarian**		**Chef**	**Chick**	**Veg**	**Vegetarian**		**Chef**	**Chick**	**Veg**	**Vegetarian**
Calories	*766.00*	*552.00*	*585*	*794*	Calories	*904.00*	*714.00*	*749*	*794*	Calories	*735.00*	*522.00*	*532.00*	*794*	Calories	*874.00*	*660.00*	*694*	*794*	Calories	*744.00*	*531.00*	*563*	*794*
Protein	*50.00*	*41.00*	*25*	*31*	Protein	*53.00*	*45.00*	*28*	*31*	Protein	*49.00*	*41.00*	*25.00*	*31*	Protein	*55.00*	*47.00*	*30*	*31*	Protein	*50.00*	*42.00*	*25*	*31*
Carbs	*64.00*	*68.00*	*80*	*119*	Carbs	*73.00*	*84.00*	*96*	*119*	Carbs	*58.00*	*63.00*	*68.00*	*119*	Carbs	*77.50*	*82.00*	*94*	*119*	Carbs	*53.00*	*58.00*	*70*	*119*
Fat	*36.00*	*14.90*	*20*	*24*	Fat	*727.00*	*25.00*	*30*	*24*	Fat	*36.00*	*14.90*	*19.70*	*24*	Fat	*41.00*	*20.00*	*25*	*24*	Fat	*39.00*	*17.40*	*22*	*24*
Fiber	*11.90*	*12.90*	*17.2*	*17*	Fiber	*12.80*	*13.40*	*17.7*	*17*	Fiber	*10.90*	*11.90*	*15.80*	*17*	Fiber	*15.00*	*16.00*	*20.4*	*17*	Fiber	*10.60*	*11.60*	*15.9*	*17*
Sodium	*744.00*	*420.00*	*679*	*381*	Sodium	*846.00*	*527.00*	*787*	*381*	Sodium	*754.00*	*430.00*	*684.00*	*381*	Sodium	*895.00*	*571.00*	*830*	*381*	Sodium	*749.00*	*425.00*	*684*	*381*
9-Nov					**10-Nov**					**11-Nov**					**12-Nov**					**13-Nov**				
	Salads			***Entrée***		***Salads***			***Entrée***		***Salads***					***Salads***			***Entrée***		***Salads***			***Entrée***
	Chef	**Chick**	**Veg**	**Vegetarian**		**Chef**	**Chick**	**Veg**	**Vegetarian**		**Chef**	**Chick**	**Veg**	**Vegetarian**		**Chef**	**Chick**	**Veg**	**Vegetarian**		**Chef**	**Chick**	**Veg**	**Vegetarian**
Calories	*708.00*	*494.00*	*529*	*794*	Calories	*874.00*	*660.00*	*694*	*794*	Calories	*939*	*725*	*760*	*794*	Calories	*919.00*	*705.00*	*738*	*794*	Calories	*1002.00*	*789.00*	*821*	*794*
Protein	*50.00*	*41.00*	*24*	*31*	Protein	*55.00*	*47.00*	*30*	*31*	Protein	*57*	*48*	*32*	*31*	Protein	*57.00*	*48.00*	*31*	*31*	Protein	*57.00*	*49.00*	*32*	*31*
Carbs	*51.00*	*55.00*	*67*	*119*	Carbs	*77.50*	*82.00*	*94*	*119*	Carbs	*77*	*82*	*94*	*119*	Carbs	*72.00*	*77.00*	*89*	*119*	Carbs	*93.00*	*97.00*	*109*	*119*
Fat	*36.00*	*15.00*	*19.8*	*24*	Fat	*41.00*	*20.00*	*25*	*24*	Fat	*48*	*27*	*32*	*24*	Fat	*48.00*	*27.00*	*32*	*24*	Fat	*48.00*	*26.60*	*31*	*24*
Fiber	*9.40*	*10.50*	*14.9*	*17*	Fiber	*15.00*	*16.00*	*20.4*	*17*	Fiber	*15.3*	*16.5*	*21*	*17*	Fiber	*15.40*	*16.40*	*21*	*17*	Fiber	*16.90*	*18.00*	*22.2*	*17*
Sodium	*745.00*	*421.00*	*681*	*381*	Sodium	*895.00*	*571.00*	*830*	*381*	Sodium	*898*	*573*	*834*	*381*	Sodium	*897.00*	*573.00*	*833*	*381*	Sodium	*897.00*	*572.00*	*832*	*381*
16-Nov					**17-Nov**					**18-Nov**					**19-Nov**					**20-Nov**				
	Salads			***Entrée***		***Salads***			***Entrée***		***Salads***			***Entrée***		***Salads***			***Entrée***		***Salads***			***Entrée***
	Chef	**Chick**	**Veg**	**Vegetarian**		**Chef**	**Chick**	**Veg**	**Vegetarian**		**Chef**	**Chick**	**Veg**	**Vegetarian**		**Chef**	**Chick**	**Veg**	**Vegetarian**		**Chef**	**Chick**	**Veg**	**Vegetarian**
Calories	*682*	*469*	*501*	*794*	Calories	*840*	*619*	*779*	*794*	Calories	*812.00*	*599.00*	*633*	*794*	Calories	*840*	*619*	*779*	*794*	Calories	*766*	*552*	*587*	*794*
Protein	*50*	*41*	*24*	*31*	Protein	*55*	*46*	*34*	*31*	Protein	*54.00*	*45.00*	*28*	*31*	Protein	*55*	*46*	*34*	*31*	Protein	*50*	*42*	*25*	*31*
Carbs	*43*	*48*	*60*	*119*	Carbs	*68*	*70.5*	*110*	*119*	Carbs	*62.00*	*67.00*	*79*	*119*	Carbs	*68*	*70.5*	*110*	*119*	Carbs	*64*	*69*	*80*	*119*
Fat	*36*	*15.2*	*20*	*24*	Fat	*41*	*19.7*	*25*	*24*	Fat	*41.00*	*19.80*	*25*	*24*	Fat	*41*	*19.7*	*25*	*24*	Fat	*36*	*14.9*	*20*	*24*
Fiber	*10.5*	*11.5*	*15.9*	*17*	Fiber	*10.5*	*11.4*	*20*	*17*	Fiber	*11.90*	*12.90*	*17.2*	*17*	Fiber	*10.5*	*11.4*	*20*	*17*	Fiber	*11.9*	*12.9*	*17*	*17*
Sodium	*745*	*420*	*680*	*381*	Sodium	*1064*	*740*	*1150*	*381*	Sodium	*895.00*	*571.00*	*830*	*381*	Sodium	*1064*	*740*	*1150*	*381*	Sodium	*744*	*420*	*679*	*381*
23-Nov					**24-Nov**					**25-Nov**					**26-Nov**					**27-Nov**				
	Salads			***Entrée***		***Salads***			***Entrée***		***CLOSED***					***CLOSED***					***CLOSED***			
	Chef	**Chick**	**Veg**	**Vegetarian**		**Chef**	**Chick**	**Veg**	**Vegetarian**															
Calories	*1040.00*	*826.00*	*861*	*794*	Calories	*744.00*	*531.00*	*563*	*615*															
Protein	*54.00*	*46.00*	*29*	*31*	Protein	*50.00*	*42.00*	*25*	*24*															
Carbs	*120.00*	*124.00*	*136*	*119*	Carbs	*53.00*	*58.00*	*70*	*78*															
Fat	*42.00*	*21.00*	*26*	*24*	Fat	*39.00*	*17.40*	*22*	*27*															
Fiber	*16.30*	*17.30*	*22*	*17*	Fiber	*10.60*	*11.60*	*15.9*	*20*															
Sodium	*905.00*	*581.00*	*841*	*381*	Sodium	*749.00*	*425.00*	*684*	*924*															
30-Nov																								
	Salads			***Entrée***																				
	Chef	**Chick**	**Veg**	**Vegetarian**																				
Calories	*725.00*	*512.00*	*547*	*794*																				
Protein	*50.00*	*42.00*	*25*	*31*																				
Carbs	*55.00*	*59.00*	*71*	*119*																				
Fat	*36.00*	*15.00*	*20*	*24*																				
Fiber	*11.40*	*12.20*	*16.7*	*17*																				
Sodium	*745.00*	*421.00*	*681*	*381*																				