Month: December 2026

Monday					Tuesday					Wednesday					Thursday					Friday				
	1-Dec					2-Dec					3-Dec					4-Dec				
	Salads			*Entrée*		*Salads*			*Entrée*		*Salads*			*Entrée*		*Salads*			*Entrée*		*Salads*			*Entrée*
	Chef	Chick	Veg	Vegetarian		Chef	Chick	Veg	Vegetarian		Chef	Chick	Veg	Vegetarian		Chef	Chick	Veg	Vegetarian		Chef	Chick	Veg	Vegetarian
Calories					Calories	871	657	689	626	Calories	744.00	531.00	563	626	Calories	744.00	531.00	563	626	Calories	1002.00	789.00	821	626
Protein					Protein	54	46	29	24	Protein	50.00	42.00	25	24	Protein	50.00	42.00	25	24	Protein	57.00	49.00	32	24
Carbs					Carbs	77	82	94	77	Carbs	53.00	58.00	70	77	Carbs	53.00	58.00	70	77	Carbs	93.00	97.00	109	77
Fat					Fat	41	19.8	24.6	28	Fat	39.00	17.40	22	28	Fat	39.00	17.40	22	28	Fat	48.00	26.60	31	28
Fiber					Fiber	13.7	14.7	19.2	12.3	Fiber	10.60	11.60	15.9	12.3	Fiber	10.60	11.60	15.9	12.3	Fiber	16.90	18.00	22.2	12.3
Sodium					Sodium	900	575	835	929	Sodium	749.00	425.00	684	929	Sodium	749.00	425.00	684	929	Sodium	897.00	572.00	832	929
7-Dec					8-Dec					9-Dec					10-Dec					11-Dec				
	Salads			*Entrée*		*Salads*			*Entrée*		*Salads*					*Salads*			*Entrée*		*Salads*			*Entrée*
	Chef	Chick	Veg	Vegetarian		Chef	Chick	Veg	Vegetarian		Chef	Chick	Veg	Vegetarian		Chef	Chick	Veg	Vegetarian		Chef	Chick	Veg	Vegetarian
Calories	850.00	637.00	629	626	Calories	766.00	552.00	585	626	Calories	850.00	637.00	629	626	Calories	850.00	637.00	629	626	Calories	744.00	531.00	563	626
Protein	54.00	46.00	29	24	Protein	50.00	41.00	25	24	Protein	54.00	46.00	29	24	Protein	54.00	46.00	29	24	Protein	50.00	42.00	25	24
Carbs	72.00	76.00	87	77	Carbs	64.00	68.00	80	77	Carbs	72.00	76.00	87	77	Carbs	72.00	76.00	87	77	Carbs	53.00	58.00	70	77
Fat	41.00	20.00	21	28	Fat	36.00	14.90	20	28	Fat	41.00	20.00	21	28	Fat	41.00	20.00	21	28	Fat	39.00	17.40	22	28
Fiber	13.00	14.00	18.9	12.3	Fiber	11.90	12.90	17.2	12.3	Fiber	13.00	14.00	18.9	12.3	Fiber	13.00	14.00	18.9	12.3	Fiber	10.60	11.60	15.9	12.3
Sodium	896.00	571.00	831	929	Sodium	744.00	420.00	679	929	Sodium	896.00	571.00	831	929	Sodium	896.00	571.00	831	929	Sodium	749.00	425.00	684	929
14-Dec					15-Dec					16-Dec					17-Dec					18-Dec				
	Salads			*Entrée*		*Salads*			*Entrée*		*Salads*			*Entrée*		*Salads*			*Entrée*		*Salads*			*Entrée*
	Chef	Chick	Veg	Vegetarian		Chef	Chick	Veg	Vegetarian		Chef	Chick	Veg	Vegetarian		Chef	Chick	Veg	Vegetarian		Chef	Chick	Veg	Vegetarian
Calories	744.00	531.00	563	626	Calories	964	750	785	626	Calories	744.00	531.00	563	626	Calories	708.00	494.00	529	626	Calories	708.00	494.00	529	626
Protein	50.00	42.00	25	24	Protein	54	45	28	24	Protein	50.00	42.00	25	24	Protein	50.00	41.00	24	24	Protein	50.00	41.00	24	24
Carbs	53.00	58.00	70	77	Carbs	89	94	106	77	Carbs	53.00	58.00	70	77	Carbs	51.00	55.00	67	77	Carbs	51.00	55.00	67	77
Fat	39.00	17.40	22	28	Fat	47	25	30	28	Fat	39.00	17.40	22	28	Fat	36.00	15.00	19.8	28	Fat	36.00	15.00	19.8	28
Fiber	10.60	11.60	15.9	12.3	Fiber	15.7	16.7	21	12.3	Fiber	10.60	11.60	15.9	12.3	Fiber	9.40	10.50	14.9	12.3	Fiber	9.40	10.50	14.9	12.3
Sodium	749.00	425.00	684	929	Sodium	843	519	779	929	Sodium	749.00	425.00	684	929	Sodium	745.00	421.00	681	929	Sodium	745.00	421.00	681	929
21-Dec					22-Dec					23-Dec					24-Dec					25-Dec				
	Salads			*Entrée*		*Salads*			*Entrée*		*Salads*			*Entrée*		*Salads*			*Entrée*		*Salads*			*Entrée*
	Chef	Chick	Veg	Vegetarian		Chef	Chick	Veg	Vegetarian		Chef	Chick	Veg	Vegetarian		Chef	Chick	Veg	Vegetarian		Chef	Chick	Veg	Vegetarian
Calories	710.00	497.00	532	626	Calories	904.00	714.00	749	626	Calories	1002.00	789.00	821		Calories					Calories				
Protein	50.00	41.00	25	24	Protein	53.00	45.00	28	24	Protein	57.00	49.00	32		Protein					Protein				
Carbs	51.00	56.00	68	77	Carbs	73.00	84.00	96	77	Carbs	93.00	97.00	109		Carbs					Carbs				
Fat	36.00	15.00	19.7	28	Fat	727.00	25.00	30	28	Fat	48.00	26.60	31		Fat					Fat				
Fiber	10.50	11.50	15.8	12.3	Fiber	12.80	13.40	17.7	12.3	Fiber	16.90	18.00	22.2		Fiber					Fiber				
Sodium	749.00	425.00	684	929	Sodium	846.00	527.00	787	929	Sodium	897.00	572.00	832		Sodium					Sodium				
28-Dec					29-Dec					30-Dec					31-Dec									
	Salads			*Entrée*		*Salads*			*Entrée*		*Salads*			*Entrée*		*Salads*			*Entrée*					
	Chef	Chick	Veg	Vegetarian		Chef	Chick	Veg	Vegetarian		Chef	Chick	Veg	Vegetarian		Chef	Chick	Veg	Vegetarian					
Calories	964	750	785	626	Calories	882.00	633.00	667	626	Calories	744.00	531.00	563	626	Calories	958.00	744.00	779	626	Calories				
Protein	54	45	28	24	Protein	54.00	46.00	29	24	Protein	50.00	42.00	25	24	Protein	54.00	46.00	29	24	Protein				
Carbs	89	94	106	77	Carbs	73.00	78.00	89	77	Carbs	53.00	58.00	70	77	Carbs	86.00	90.00	102	77	Carbs				
Fat	47	25	30	28	Fat	44.00	18.00	23	28	Fat	39.00	17.40	22	28	Fat	46.00	25.00	30	28	Fat				
Fiber	15.7	16.7	21	12.3	Fiber	12.70	13.70	18	12.3	Fiber	10.60	11.60	15.9	12.3	Fiber	13.40	14.20	18.7	12.3	Fiber				
Sodium	843	519	779	929	Sodium	861.00	536.00	796	929	Sodium	749.00	425.00	684	929	Sodium	841.00	517.00	776	929	Sodium				