Louisville Recreation & Senior Center Lap Pool
(6 Lanes, 25 meters)
Nov. 2 - 8, 2026

Schedule subject to change based on user group needs. For rules/regulations, please see our catalog; for questions or concerns, please contact Danny Weinstock at 303.335.4927 or dweinstock@louisvilleco.gov.

Program	Day	Time	Lanes
Lap Swim	Monday	5:30am – 12:00pm 12:00pm – 1:00pm 1:00pm – 4:00pm 4:00pm – 5:30pm 5:30pm – 7:00pm 7:00pm - 8:00pm	All lanes 5, 6 All lanes 3, 4, 5, 6 4, 5, 6 5, 6
	Wednesday	5:30am – 12:00pm 12:00pm - 1:00pm 1:00pm – 4:00pm 4:00pm – 5:30pm 5:30pm – 7:00pm 7:00pm – 8:00pm	All lanes 5, 6 All lanes 3, 4, 5, 6 4, 5, 6 5, 6
	Tuesday Thursday	5:30am – 4:00pm 4:00pm – 6:15pm 615pm – 7:00pm 7:00pm – 8:00pm	All lanes 3, 4, 5, 6 4, 5, 6 5, 6
	Friday	5:30am – 9:00am 10:00am – 12:00pm 12:00pm – 1:00pm 1:00pm – 6:45pm	All lanes All lanes 5, 6 All lanes
	Saturday	7:00am – 12:00pm 12:00pm – 2:30pm 2:30pm – 4:45pm	All lanes 5, 6 All lanes
	Sunday	7:00am – 8:00am 8:00am – 9:30am 9:30am – 4:45pm	All lanes 5, 6 All lanes
Adult Masters Swim	Monday Wednesday Friday	12:00pm – 1:00pm 12:00pm – 1:00pm 12:00pm – 1:00pm	1, 2, 3, 4 1, 2, 3, 4 1, 2, 3, 4
	Sunday	8:00am – 9:30am	1, 2, 3, 4
Stroke Clinics	Monday Wednesday	4:00pm – 5:30pm 5:30pm – 7:00pm	1, 2 1, 2, 3
	Tuesday Thursday	4:00pm – 6:15pm 6:15pm – 7:00pm	1, 2 1, 2, 3
Elevations Athletics	Monday - Thursday	7:00pm – 8:00pm	1, 2, 3, 4

AERO HIIT (Anastasia)	Friday	9:00am – 10:00am	All lanes