

PRESIDENT-William Maki 201-803-5760

SEPTEMBER CALENDAR

ATTENDANCE: DIANNE CARFORA 201-314-0141

GYM OPEN: MON-WED-FRI
8:30AM-12:00NOON -BOB DALEY
201-307-0393

WELCOME BACK!
MONTVALE SENIORS

KITCHEN: VINNE ALFANO 551-427-8143
ERIC LEHMANN -VIC SUTERA AND DON WIDMAYER

September 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug 31	Sep 1	2	3	4
	10:00am 11:30AMBOCCE 1:30pm 3:30pm Canasta 1:30pm 2:15pmTai Chi	10:00am 12:00pmBocce 11:00am 11:45am Chair Yoga 1:00pm 3:30pmMex Train/cards	12:00pm 1:45pm Business Mtg (Arrive by 11:45am to sign in & pay \$2:00attendance fee	11:00am 12:00pm Chair Exer 1:30pm 3:30pm Ladies games 1:30pm 3:30pmPinochle
7	8	9	10	11
CENTER CLOSED-LABOR DAY	10:00am 11:30AMBOCCE 1:30pm 3:30pm Canasta 1:30pm 2:15pmTai Chi	10:00am 12:00pmBocce 11:00am 11:45am Chair Yoga 1:00pm 3:30pmMex Train/cards	12:30pm 1:30pm Book Club(Crow Mary by Kathleen Grissom)	11:00am 12:00pm Chair Exer 1:30pm 3:30pm Ladies games 1:30pm 3:30pmPinochle
14	15	16	17	18
10:00am 11:15AMHealthy Bones 11:00am 12:00pm Chair Exer 1:30pm 3:30pmMahjongg	10:00am 11:30AMBOCCE 1:30pm 3:30pm Canasta 1:30pm 2:15pmTai Chi	10:00am 12:00pmBocce 11:00am 11:45am Chair Yoga 1:00pm 3:30pmMex Train/cards	12:00pm 2:15PM Picnic Social (Memorial Park) Arrive by 11:45 to be seated	11:00am 12:00pm Chair Exer 1:30pm 3:30pm Ladies games 1:30pm 3:30pmPinochle
21	22	23	24	25
10:00am 11:15AMHealthy Bones 11:00am 12:00pm Chair Exer 1:30pm 3:30pmMahjongg	10:00am 11:30AMBOCCE 1:30pm 3:30pm Canasta 1:30pm 2:15pmTai Chi	10:00am 12:00pmBocce 11:00am 11:45am Chair Yoga 1:00pm 3:30pmMex Train/cards	11:30am 1:00PM Savory Seniors (for those who belong)	11:00am 12:00pm Chair Exer 1:30pm 3:30pm Ladies games 1:30pm 3:30pmPinochle
28	29	30	Oct 1	2
10:00am 11:15AMHealthy Bones 11:00am 12:00pm Chair Exer 1:30pm 3:30pmMahjongg	10:00am 11:30AMBOCCE 1:30pm 3:30pm Canasta 1:30pm 2:15pmTai Chi	10:00am 12:00pmBocce 11:00am 11:45am Chair Yoga 1:00pm 3:30pmMex Train/cards		

MAHJONG: KITTY STERN 201-802-0997
CANASTA: Anne Coyman 201-390-7248
Pizaa & Bingo: Jodi Miller 551-427-4581 & Micki Keller 201-669-9935
Chair Exercise:-Micki Keller201-669-9935
BOOK CLUB-JANE GREEN 201-248-4240 OR MICKI KELLER

TRANSPORTATION
MONTVALE VAN 201-391-5700 X225

BOOK CLUB: MICKI KELLER
MEX TRAIN/CARDS-PatCasciano 20L-307-9685
Louise Boothby201-476-1319
Ladies B:occe/Cards Dianne 201-314-0141
DAY TRIPS: Dianne Carfora/
Overnight Trips Rosemarie Kelly 201-391-8718