

October–December 2026

CAREspace

Community | Access | Relationships | Emotional Wellness

Parent Workshops and Classes



Positive Reinforcement at Home: Setting Children and Families up for Success

Learn practical behavioral principles, including effective rewards, that can help improve children's behavior and your home environment.

October 8 | 12:00–1:00 p.m. (Spanish) | 1:00–2:00 p.m. (English)

<https://rcoe.zoom.us/meeting/register/V6B8DNxAQeSI01a297ISKA>



Communication Skills for Parents: How to Talk to Children

Gain useful strategies for communicating effectively with children.

October 22 | 12:00–1:00 p.m. (Spanish) | 1:00–2:00 p.m. (English)

<https://rcoe.zoom.us/meeting/register/e2nhg-kNQpmkdOWe8i-NMQ>



Children and Technology: Teaching Digital Safety in the Internet Age

Discover strategies for teaching children to navigate the internet safely and responsibly.

November 5 | 12:00–1:00 p.m. (Spanish) | 1:00–2:00 p.m. (English)

<https://rcoe.zoom.us/meeting/register/qUxliLUtQvOLi3aYqA08-Q>



Dyslexia, Dysgraphia, and Dyscalculia: What Do Students With Learning Differences Need to Succeed?

Understand strategies to support children with learning differences and help them succeed at home and at school.

November 19 | 12:00–1:00 p.m. (Spanish) | 1:00–2:00 p.m. (English)

<https://rcoe.zoom.us/meeting/register/7cvqOSnqQ76T3GCEoRpcuQ>



The Benefits of Physical Activity for Children and Teens

Explore how participating in physical activities can benefit children and teens in different areas of their lives.

December 3 | 1:00–2:00 p.m.

<https://rcoe.zoom.us/meeting/register/0uIsjaUBS4-od8LTXPKEQ>



Supporting Children and Teens Who Self-Harm: An Overview

Identify ways to respond to and support children and teens who engage in self-harm.

December 17 | 12:00–1:00 p.m. (Spanish) | 1:00–2:00 p.m. (English)

<https://rcoe.zoom.us/meeting/register/4j0isMaSTvqeTvSqqUTnng>

For questions please call: 951-276-CARE (2273) or visit our website at: www.rcoe.us/carespace

