

Fall Adult Softball Schedule 2026

Clean & Sober Friday Lower Division Doubleheader League

Team	Team Captain	Phone
Acqua Res	Shea Sheeran	435-659-4586
Aquanauts	Shea Sheeran	435-659-4586
Adu IOP	Nicole James	865-348-9379
Ardu RTC	Jennifer Gregson	801-651-9203
Hit for Brains	Andee Cooke	318-762-9223
I Am Recovery	Alecia Larsen	385-386-1780
Life Balance Recovery	Hallie DeGraw	801-400-3765
Steps Crew	Julie Jackson	801-427-0416

IF YOU HAVE GAMES RAINED-OUT WE WILL TRY AND MAKE THEM UP IF POSSIBLE. There is **NO guarantee!**

Schedules, Rain-outs, Standings and Tournament Brackets will be posted at

<https://www.spanishfork.gov/departments/parkrec/sports/index.php>

FIELDS - Fields 3 & 4 Spanish Fork Sports Park Main Complex - 295 West Volunteer Drive, Spanish Fork

First team listed on schedule is the **home team**.

All players must have a jersey with a number on the back with no duplicates, and must be on the roster in order to play.

Friday, August 14 2026		
Time	Field 3	Field 4
6:30 PM	Acqua Res v Aquanauts	Adu IOP v Ardu RTC
7:30 PM	Acqua Res v Ardu RTC	Aquanauts v Adu IOP
8:30 PM	Hit for Brains v I am Recovery	Life Balance v Steps Crew
9:30 PM	I am Recovery v Life Balance	Steps Crew v Hit for Brains

Friday, August 21 2026		
Time	Field 3	Field 4
6:30 PM	Aquanauts v I am Recovery	Steps Crew v Ardu RTC
7:30 PM	Steps Crew v Aquanauts	Ardu RTC v I am Recovery
8:30 PM	Acqua Res v Life Balance	Adu IOP v Hit for Brains
9:30 PM	Hit for Brains v Acqua Res	Life Balance v Adu IOP

Friday, August 28 2026		
Time	Field 3	Field 4
6:30 PM	I am Recovery v Adu IOP	Acqua Res v Steps Crew
7:30 PM	I am Recovery v Acqua Res	Adu IOP v Steps Crew
8:30 PM	Hit for Brains v Aquanauts	Ardu RTC v Life Balance
9:30 PM	Hit for Brains v Ardu RTC	Aquanauts v Life Balance

Friday, September 4 2026

Time	Field 3	Field 4
6:30 PM	Hit for Brains v Life Balance	Steps Crew v I am Recovery
7:30 PM	Hit for Brains v Steps Crew	Life Balance v I am Recovery
8:30 PM	Ardu RTC v Acqua Res	Ardu IOP v Aquanauts
9:30 PM	Ardu RTC v Aquanauts	Ardu IOP v Acqua Res

Friday, September 11 2026

Time	Field 3	Field 4
6:30 PM	Life Balance v Acqua Res	Ardu IOP v Hit for Brains
7:30 PM	Life Balance v Ardu IOP	Acqua Res v Hit for Brains
8:30 PM	Aquanauts v Steps Crew	I am Recovery v Ardu RTC
9:30 PM	I am Recovery v Aquanauts	Ardu RTC v Steps Crew

Friday, September 18 2026

Time	Field 3	Field 4
6:30 PM	Life Balance v Aquanauts	Ardu RTC v Hit for Brains
7:30 PM	Aquanauts v Hit for Brains	Life Balance v Ardu RTC
8:30 PM	Steps Crew v Ardu IOP	Acqua Res v I am Recovery
9:30 PM	Steps Crew v Acqua Res	Ardu IOP v I am Recovery

Friday, September 25 2026

Time	Field 3	Field 4
6:30 PM	Aquanauts v Acqua Res	Ardu RTC v Ardu IOP
7:30 PM	Aquanauts v Ardu RTC	Acqua Res v Ardu IOP
8:30 PM	I am Recovery v Hit for Brains	Steps Crew v Life Balance
9:30 PM	I am Recovery v Steps Crew	Hit for Brains v Life Balance

Final Match Up Night.....TBD

