

YORKTOWN SENIOR CENTER

(914) 962-7447

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 KNOCKWURST W/SAUERKRAUT ROASTED POTATOES GREEN BEANS CLUB ROLL FRUIT	2 MEATLOAF W/GRAVY MASHED POTATOES PEAS & CARROTS WHOLE WHEAT BREAD MANDARIN ORANGES	3 BBQ CHICKEN THIGH BAKED BEANS CARROT RAISIN SALAD CORNBREAD FRUIT CHERRY PIE	4 QUICHE RICE PILAF TUSCAN VEGETABLES RYE BREAD FRUIT COCKTAIL
7 !!! CLOSED !!! 	8 SOLE FLORENTINE LENTIL PILAF STEWED TOMATOES CORNBREAD PEACHES	9 BREADED PORK CHOP SWEET POTATOES BRUSSEL SPROUTS PUMPERNICKEL BREAD APPLESAUCE	Happy Rosh Hashanah! 10 BEEF BRISKET W/GRAVY POTATO PANCAKES CARROT TZIMMES DINNER ROLL PEARS APPLE CRISP 	11 EGGPLANT PARMIGIANA PENNE WITH BROCCOLI & BEANS ITALIAN BREAD FRUIT COCKTAIL
14 STUFFED PEPPER MASHED POTATOES GREEN BEANS PUMPERNICKEL BREAD MANDARIN ORANGES	15 ORANGE GINGER CHICKEN RICE & BROCCOLI CARROTS WHOLE WHEAT BREAD PINEAPPLE CHUNKS	16 STUFFED SHELLS SPINACH CAULIFLOWER ITALIAN BREAD PEACHES	17 SALMON POTLACH ROASTED POTATOES GREEN BEANS RYE BREAD FRUIT COCONUT CAKE	18 TURKEY BURGER GINGER VEGETABLES & BARLEY TOSSED SALAD HAMBURGER BUN PEARS
21 CRISPY BAKED FISH CORN KALE & ONIONS RYE BREAD PEACHES TARTAR SAUCE	22 TURKEY CHILI BUTTERED RICE SPINACH WHOLE WHEAT BREAD FRUIT PUMPKIN PIE	23 PORK PICATTA ROASTED POTATOES GREEN CABBAGE PUMPERNICKEL BREAD SLICED APPLES	24 BBQ CHICKEN BAKED BEANS COLESLAW DINNER ROLL MANDARIN ORANGES	25 SPAGHETTI & MEATBALLS TOSSED SALAD BROCCOLI ITALIAN BREAD CAKE
28 CHICKEN SAUSAGE TATER TOTS PEPPERS & ONIONS CLUB ROLL FRUIT	<u>Celebrate Oktoberfest !</u> 29 BEEF SAUERBRATEN POTATO PANCAKES RED CABBAGE PUMPERNICKEL BREAD FRUIT GERMAN COFFEE CAKE	30 FLOUNDER OREGANATA LENTIL PILAF STEWED TOMATOES WHOLE WHEAT BREAD MANDARIN ORANGES		

* Milk served daily

**Menus subject to change without notice.

IF YOU HAVE A FOOD ALLERGY, PLEASE CONTACT THE OFFICE.

*** SUGGESTED DONATION - \$3 PER MEAL ***